

Series 4:

# CONFLICT RESOLUTION

**CONTENTS** 



## Programme 1: What is Conflict?

This programme will equip the learner to understand the types and causes, stages and impact of conflict within an organisation, so that you can identify the best way to approach a scenario when it arises.

#### **INTRODUCTION TO PROGRAMME**

- 1. Conflict in the workplace
- 2. Types of conflict

#### **ACTIVITY 1**

- 3. Managing conflict virtually
- **4.** Stages of conflict Conflict causes, symptoms and cures

**ACTIVITY 2** 

- **5.** Impact of conflict on organisational performance
- **6.** What can dysfunctional conflict lead to?

#### **ACTIVITY 3**

CONCLUDING SUMMARY

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### Programme 2:

### Resolving Conflict in the Workplace

In this programme, we will be exploiting how to investigate and resolve conflict in the workplace - from formal to informal methods, and what to do if conflict cannot be resolved.

#### INTRODUCTION TO PROGRAMME

- 1. Why is is important to investigate conflict
- 2. Methods to resolve conflict Informal Formal

#### **ACTIVITY 1**

**3.** Organisational procedures for conflict resolution
Grievance and the manager's role

- **4.** A zero tolerance policy
- **5.** Undertaking a disciplinary interview Discipline and the manager's role
- 6. Whistleblowing

#### **ACTIVITY 2**

**7.** Conflict situations - minor or major?

**ACTIVITY 3** 

#### **CONCLUDING SUMMARY**

### Programme 3:

# Knowledge, Skills and Behaviours for Managing Conflict

This programme aims to outline the key knowledge and skills you may need in the workplace to overcome conflict.

#### **INTRODUCTION TO PROGRAMME**

1. A leader's role in managing conflict

#### **ACTIVITY 1**

2. Skills you'll need for conflict management

**ACTIVITY 2** 

- 3. Having difficult conversations
- 4. Approaches to resolving conflict
- 5. Conflict mode Thomas and Kilmann

**ACTIVITY 3** 

#### **CONCLUDING SUMMARY**

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